



Effect of Epidermal Growth Factor on Osteosarcoma Cell Proliferation and *Bcl-2* Gene Expression

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Abstract

Objective: The aim of this study was to investigate the effects of epidermal growth factor (EGF) on osteosarcoma cell proliferation and Bcl-2 expression.

Methods: In this study, MTT test was first applied to determine the effect of EGF on cell proliferation. Twenty ng/μL EGF was added to the Saos-2 cell line and the effects on cell proliferation were determined after different incubation intervals. At the next experimental stage, 20 ng/mL EGF was added to the osteosarcoma cell line and the expression of antiapoptotic Bcl-2 was evaluated at 1-, 3-, 24-, 48- and 72-hour.

Results: A statistically significant increase in cell proliferation was observed at 3-, 24- and 72-hour after administration of 20 ng/μL EGF in the osteosarcoma cell line. EGF was observed to stimulate Bcl-2 expression at a dose of 20 ng/mL at 1- and 24-hour.

Conclusion: EGF; at the 3rd, 24th and 72nd hours, a statistically significant increase in cell proliferation was observed. In addition, the expression of antiapoptotic Bcl-2 was evaluated at the 1st, 3rd, 24th, 48th and 72th hours on the EGF osteosarcoma cell line. The expression of Bcl-2 was increased at the end of the 1st and 24th hours of application of EGF at 20 ng/mL dose.

Keywords: Epidermal growth factor, Bcl-2, osteosarcoma

INTRODUCTION

Osteosarcoma (OS) is a malignant mesenchymal tumor associated with the formation of mineralized or non-mineralized bone. OS is the most common primary malignant bone tumor and is mostly seen in young adults and adolescents (1). Apoptosis is a genetically regulated cell death that controls the development of tissues by eliminating physiologically unnecessary abnormal cells (2). Studies focusing on genes and signals that regulate apoptosis play an important role in basic oncology research (3). Chemotherapeutics destroy tumor cells and do so primarily by promoting tumor cell apoptosis (4). Understanding that apoptosis is a gene-directed program has profound effects on developmental biology and tissue homeostasis (5,6). The *Bcl-2* gene family is the key regulator of apoptosis. The gene group containing Bcl-2 and Bcl-xL has anti-apoptotic activity. The second group of proteins such as Bax or Bim promotes cell death

and has pro-apoptotic activity (7,8). Epidermal growth factor (EGF) is a 53-amino-acid peptide that is encoded by a 4.8 kb mRNA transcript from a gene that is 110 kb in length, contains 24 exons, and is located on human chromosome 4q25. Like other members of this peptide family, EGF is initially synthesized as a prepropeptide of 1217 amino acids. Members of this family include pre-pro-EGF molecule, a hydrophobic signal peptide, and a transmembrane domain (9). EGF, which acts as a potent mitogenic factor that plays an important role in the growth, proliferation and differentiation of many countless cell types, is a protein that acts by binding to its receptor with high affinity.

The aim of this study was to investigate the effects of EGF on cell proliferation and Bcl-2 expression in the human OS model Saos-2 cell line at different time intervals of 1-, 3-, 24-, 48- and 72-hour.



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METHODS

Materials

The human OS cell line Saos-2 was obtained from European Collection of Animal Cell Cultures. EGF was purchased from PeproTech. All cell culture material and materials were purchased from Greiner or Gibco.

Cell Culture and Epidermal Growth Factor Applications

Human OS cell line (Saos-2) cells were grown in a CO₂ oven at 37 °C in an atmosphere of 5% CO₂. Fifteen ml of Dulbecco's Modified Eagle Medium (DMEM) containing 10% heat inactivated fetal calf serum (FCS), 100 units/mL penicillin, 10 µg/mL streptomycin and 0.2 mM L-glutamine were used as food medium. Incubation was performed at 1-, 3-, 24-, 48- and 72-hour with 20 ng/mL administration. Total RNA was isolated from the cells at the end of the period.

Establishment of Cytotoxicity Tests and MTT Test

When the cells grown in a 75 cm² flask in 15 mL medium covered the 80-85% of flask surface, the medium was removed and the cells were washed twice with sterile PBS. Four mL of trypsin-EDTA was added to the flask. It was incubated for 5 minutes in a CO₂ incubator. When cells were separated from the surface, medium was added to neutralize trypsin-EDTA. The cells were precipitated by centrifugation at 1000 rpm for 5 minutes, the supernatant was removed and the pellet was thawed with 10 mL of medium. The number of viable cells in the suspension was determined by trypan blue staining and seeded in a 96 well plate with 5000 cells per well. DMEM medium containing 10% FCS was added to each well to a final volume of 200 µL. After cell seeding was completed, the cells were incubated in a CO₂ incubator for 24 hours. At the end of 24 hours, EGF was administered at a dose of 20 ng/mL. MTT test was performed at 1-, 3-, 24-, 48- and 72-hour, and absorbance was taken at 550 nm. The MTT method is based on the ability of viable cells to transform MTT (a tetrazolium salt) into formazan crystals. It is one of the most commonly used methods for measuring cell cytotoxicity, proliferation and viability. According to this method, after the desired incubation period (1-, 3-, 24-, 48- and 72-hour),

the stock MTT solution is added to the medium where the final concentration determined as a result of the optimization is 0.5 mg/mL and it is incubated for 4 hours at 37 °C in a medium containing 5% CO₂. At the end of the incubation, the medium containing MTT solution is discarded, the crystals are dissolved with isopropanol containing 0.004 M HCl and absorbance is taken at 550 nm wavelength with UV spectrophotometer.

cDNA Synthesis

Total RNA isolation was performed using RNeasy total RNA isolation kit (Qiagen). cDNA synthesis was performed from the isolated total RNA. Briefly, 1 µL random primer and 1 µg total RNA was mixed. Distilled water was added to complete the final volume to 10 µL. This mixture was incubated for 10 minutes at 70 °C and then on ice, 5 × Moloney murine leukaemia virus (MMLV) buffer, dNTP mixture (10 mM each; dATP, dGTP, dTTP and dCTP), RNase inhibitor (RNasin) and MMLV reverse transcriptase enzyme was added and incubated at 42 °C for 50 minutes. The synthesized cDNAs were stored in the refrigerator at -20 °C.

Realtime Polymerase Chain Reaction

These studies were performed using the applied biosystems 7500 fast instrument. Five µL master mix, 1 µL cDNA, 100 ng/µL 0.5 µL forward and reverse primers, 3 µL distilled H₂O were mixed and final volume was completed to 10 µL. Each cDNA was studied with *Bcl-2* and *β-2-microglobulin* genes for normalization with at least three replicates.

Statistical Analysis

Mean MTT test results and standard deviations were obtained. The absorbance values obtained at each hour were compared with their control group using the Student's t-test. P≤0.05 was considered statistically significant. Livak method was applied to evaluate realtime polymerase chain reaction test results. Each of the CT values obtained for the *Bcl-2* gene was subtracted from the mean of the human *β-2-microglobulin* gene and a base-2 log square was obtained. The results were divided by the control group and obtained multiples of 1 was statistically evaluated by Minitab (One-way ANOVA). P≤0.05 values were considered significant. Ethical permission is not required in this study since as only cell viability was evaluated in cell culture.

Table 1. Mean and standard deviations of absorbance values at 1-, 3-, 24-, 48- and 72-hour of MTT test, and p values (each test group was compared with the control in its own hour interval)

Group	NK (1-h)	EGF (1-h)	NK (3-h)	EGF (3-h)	NK (24-h)	EGF (24-h)	NK (48-h)	EGF (48-h)	NK (72-h)	EGF (72-h)
Mean	0.3451	0.4345	0.2066	0.2581	0.2183	0.357	0.2399	0.3173	0.1988	0.4175
SD	0.0394	0.0316	0.0851	0.0296	0.0384	0.0704	0.0414	0.0656	0.0322	0.0280
p	-	0.040	-	0.409	-	0.040	-	0.172	-	0.01

SD: Standard deviation, EGF: Epidermal growth factor, NK: Naturel killer cell

RESULTS

In this study, firstly, MTT test was used to determine the effect of EGF on cell proliferation. Twenty ng/ μ L EGF was added to the Saos-2 cell line and its effects on cell proliferation were determined at different incubation intervals. A statistically significant increase in cell proliferation was observed at 3-, 24- and 72-hour (Table 1). At the next experimental stage, 20 ng/mL EGF was added to the OS cell line and expression of antiapoptotic Bcl-2 was evaluated at 1-, 3-, 24-, 48- and 72-hour. It was observed that EGF at a dose of 20 ng/mL increased Bcl-2 expression at 1- and 24-hour (Table 2).

Table 2. Mean, standard deviation and p values of real time polymerase chain reaction

Group	NK	1-hour	3-hour	24-hour	48-hour	72-hour
Mean	1	1.9291	1.289	3.126	0.98	0.8797
SD	0	0.2710	0.4870	0.8393	0.6422	0.1188
p	-	0.04	0.342	0.012	0.952	0.154

NK: Naturel killer cell, SD: Standard deviation

DISCUSSION

Cancer is the leading cause of death in the world. Some molecules in humans are important in the process of cancer. Some molecules increase cancer while others function to reduce it. Apoptosis is an inherited process of cell death specific to multicellular eukaryotic organisms. It plays a critical role in the destruction of cells damaged by infection, chemical damage, oxidative damage or radiation (10). Molecules that contribute to the apoptosis process contribute to cell survival or preparation for programmed death. The gene family involved in apoptosis is the *Bcl-2* gene family. There are members of this family that prevent apoptosis (*Bcl-2*, *Bcl-X2*, *Mcl-1*) and lead to apoptosis (*Bax*, *Bak*, *Bid*, *Bim*, *Noxo*, *Puma*). According to the equilibrium in the expression of these members, the cell is directed to apoptosis. *Bcl-2*, which is the first anti-apoptotic member of the *Bcl-2* gene family, is one of the molecules that inhibit apoptosis (11). If there is any damage to the mechanism of apoptosis, the cells tend to become cancerous (12). Anti-apoptotic *Bcl-2* expression is important in the cancer process (13). EGF acts by binding with EGF receptor (EGFR). Signaling with EGFR leads to cell proliferation and differentiation (14). Chandra et al. (15) showed that EGFR signaling increased proliferation and inhibited apoptosis and was important in maintaining the number of osteoprogenitor cells. In the same study, EGF treatment has been shown to significantly increase the number of osteoblasts by regulating the proportion of proliferative and apoptotic osteoprogenitor cells in the bone (15). This signaling increases the proliferation

and survival of osteoprogenitor cells and consequently increases the formation of new bone (15).

CONCLUSION

EGF is thought to increase the progression of various cancers through proliferation, invasion and induction of angiogenesis (16). In this study, the effects of EGF on cell proliferation in Saos-2 cell line which is a model of human OS and the expression of antiapoptotic Bcl-2 were investigated. EGF significantly affected cell proliferation at 3-, 24- and 72-hour. EGF increased Bcl-2 expression in the osteosarcoma cell line at 1- and 24-hour of administration. Regarding our results, EGF-regulated Bcl-2 expression is found to be critical for the survival of neoplastic cells in the OS cell line.

Ethics

Ethics Committee Approval: Not applicable.

Informed Consent: Not applicable.

Peer-review: External and internal peer-reviewed.

Authorship Contributions

Surgical and Medical Practices: A.S.A., Concept: A.S.A., Design: A.S.A., Data Collection or Processing A.S.A., Analysis or Interpretation: A.S.A., E.A., Literature Search: E.A., A.S.A., Writing: A.S.A., E.A.

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