

Perioperative and Early Renal Functional Outcomes of Laparoscopic and Open Partial Nephrectomy in Clinical T1 Renal Carcinoma

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Abstract

Objective: To compare the perioperative and postoperative outcomes of open partial nephrectomy (OPN) and laparoscopic partial nephrectomy (LPN) in clinical T1 renal carcinoma.

Methods: We examined the records of patients who underwent partial nephrectomy at our clinic between January 2016 and May 2020. The records of 20 patients who underwent LPN were compared with the records of 50 patients who underwent OPN. The demographic findings, tumor size, operation time, warm ischemia time (WIT), PADUA nephrometry score, complications, blood loss, preoperative and early postoperative estimated glomerular filtration rate (eGFR), creatinine, and hemoglobin (Hb) values, surgical margins, and hospital stay time of both surgical techniques were compared. Student's t-test and Mann-Whitney U test were used in the statistical analysis. A p value ≤ 0.05 was considered significant.

Results: Of the 70 patients, 45 were men and 25 were women, with 42 patients diagnosed with right-sided renal cell carcinoma (RCC) and 28 patients diagnosed with left-sided RCC. The median age was 55 years. Fifty-four patients were diagnosed with clinical T1a RCC, and 16 patients were diagnosed with clinical T1b RCC. The median WIT was shorter in the LPN group. The median tumor size was larger in the OPN group. There was a statistically significant difference between PADUA score and operation time in OPN, while there was no significant difference between OPN and LPN in terms of preoperative and early postoperative eGFR, creatinine, and Hb values. In OPN group, the postoperative creatinine increase was statistically significant compared with preoperative value. This difference was not statistically significant in the LPN group. Clavien-Dindo complications and hospital stay time were higher in OPN.

Conclusion: LPN is an alternative technique to OPN for treatment of clinical T1 RCC when performed by experienced urologists in experienced clinics. It was concluded that postoperative early renal function is better in LPN.

Keywords: Partial nephrectomy, RCC, laparoscopic surgery, acute kidney injury

INTRODUCTION

Renal cell carcinoma (RCC) constitutes 2%-3% of all cancers (1). Radiologic imaging techniques have recently advanced, and due to this development, we can diagnose kidney tumors in early stages compared with previous times (2,3). Recently, partial nephrectomy (PN) is considered the most prominent method for treating CT1 kidney tumors (3). The main purpose of PN in RCC treatment is to protect the kidney parenchyma as much as possible and reduce the decrease in glomerular filtration. In approximately 20% of patients, acute kidney injury (AKI) develops after PN (4).

Laparoscopic PN (LPN) has become the standard surgical treatment for T1a and some T1b tumors in recent years (5). There are many studies comparing the oncologic and functional results



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©Copyright 2021 by the University of Health Sciences Turkey, Prof. Dr. Cemil Taşçıoğlu City Hospital European Archives of Medical Research published by Galenos Publishing House. of LPN and open PN (OPN) for renal masses in the literature. It was found that the results of both techniques are comparable, and LPN has some advantages over OPN (6-9).

According to the recent literature, there was no definite superiority between OPN, LPN, and robotic PN methods in terms of perioperative outcomes and AKI (10).

We analyzed the perioperative and early renal functional outcomes regarding AKI in our patients who performed LPN and OPN for treatment of clinical T1 RCC.

METHODS

This is a retrospective single-center study (Prof. Dr. Cemil Taşcıoğlu City Hospital, İstanbul, Turkey), including 86 patients who underwent either OPN or LPN between January 2016 and May 2020. Seventy patients (45 patients were males and 25 patients were females) with clinical T1N0M0 RCC are included in this study. Patients with missing data (n=7), multiple tumors (n=1), and benign lesions (oncocytoma n=4, angiomyolipoma n=2, and benign cyst n=2) were excluded from the study.

The study followed the ethical recommendations of the Declaration of Helsinki and was approved by the Ethics of Research Committee of Prof. Dr. Cemil Taşcıoğlu City Hospital (14.04.2020; number: 119). All the participants in this study have signed an informed consent form.

The mass was diagnosed with computed tomography or magnetic resonance imaging and was treated with OPN or LPN. Fifty patients underwent OPN, and 20 patients underwent LPN.

Renal function was assessed by measuring serum creatinine and estimated glomerular filtration rate (eGFR). The severity of surgical complications was graded according to the modified Clavien classification system. Postoperative histopathology of the tumors, Fuhrman grade, and surgical margin status were recorded. LPN was performed by one experienced urologist, while OPN was done by another two experienced urologists.

Our primary aim was to compare OPN and LPN techniques in terms of the demographic findings, tumor size, PADUA nephrometry score, warm ischemia time (WIT), intraoperative complications, blood loss, operative time, postoperative Clavien-Dindo complications, surgical margins, and hospital stay time. Our secondary aim was to compare the two techniques in terms of AKI (eGFR and creatinine values before the operation and on the postoperative third day).

Statistical Analysis

Number Cruncher Statistical System (2007) (Kaysville, Utah, USA) was used to perform the statistical analysis with a significance level of $p \le 0.05$.

We used Student's t-test (years and WIT), Mann-Whitney U test (operation time, PADUA score, hospital stay time, eGFR, creatinine, urea, and hemoglobin (Hb), Pearson's chi-square test (side, male-to-female ratio), Fisher's exact test (bleeding and pathology), Fisher-Freeman-Halton test (Clavien classification and Fuhrman grade), Wilcoxon signed-rank test (creatinine, urea, eGFR, and Hb) in our study.

RESULTS

Demographics

The study included 70 patients, of which 20 patients (28.6%) underwent LPN and 50 patients underwent OPN (71.4%). Fifty-four patients (77.1%) were diagnosed with clinical T1a RCC and 16 patients (22.9%) were diagnosed with clinical T1b RCC. 60% (n=42) of the patients had right-sided lesions, while 40% (n=28) had left-sided lesions. The descriptive characteristics of the 70 patients who underwent either OPN or LPN are reported separately in Table 1.

In the OPN group, the operation time and WIT are longer, and the size of the tumor is bigger. Of 70 patients, 19 (27%) had Clavien-Dindo complications, grades 1-3 [14 patients (28%) in the OPN group; 5 patients (20%) in the LPN group; p=0.451]. Forty-five patients (64.3%) had a PAUDA score of six to seven, 17 patients (24.3%) had a score of eight to nine, and eight patients (11.4%) had a score \geq 10.

There is no statistically significant difference between the two techniques in terms of operation time (p=0.973), WIT (p=0.824), size of tumor (p=0.865), PAUDA score (p=0.195), Clavien-Dindo complications (p=0.451), hospital stay time (p=0.206), preoperative Hb (p=0.274), and postoperative Hb values (p=0.553).

The difference between pre- and postoperative Hb values is statistically significant in OPN and LPN groups (p=0.01 in OPN; p=0.043 in LPN).

Creatinine and eGFR values of patients who underwent either OPN or LPN are shown in Table 2.

Postoperative creatinine increase is statistically different in OPN (p=0.001) and postoperative eGFR decrease is statistically different in both approaches (OPN: p=0.001; LPN: p=0.001).

The relationship between PADUA score and WIT, operative time, and Clavien complications is reported in Table 3.

There is a statistically significant difference between PADUA score and operation time in OPN (r=0.311; p=0.028). There is no statistically significant difference between PADUA score and operative time, WIT, and Clavien complications in LPN (p>0.05).

We found surgical margin positivity in two patients who underwent OPN, although we did not see a recurrence during eight and fourteen months of follow-up. In the OPN group, three patients underwent a transperitoneal PN, and five patients had 12th rib resection. One patient with a PADUA score of 12 had undergone nephrectomy because of bleeding during the operation. Perioperative ultrasonography was performed to locate the tumor in two patients.

In the LPN group, we opted for OPN in one patient with a PADUA score of 11 because of colon injury. The urinary fistula occurred and lasted 18 days in one patient who underwent LPN, and it lasted for 21 days in another patient, who underwent OPN.

		OPN N (%)	LPN N (%)	p value
Age (y)	Min-max (median)	26-81(55)	44-77(59)	0.176
BMI (kg/m ²)		23-30 (25)	22-28 (24)	0.45
Sex	Male Female	31 (62) 19 (38)	14 (70) 6 (30)	0.528
Side of involvement	Right Left	29 (58) 21 (42)	13 (65) 7 (35)	0.589
Clinical T stage	T1a T1b	38 (76) 12 (24)	16 (80) 4 (20)	0.964
Operation time (min)	Min-max (median)	120-300 (174)	120-300 (162)	0.973
Warm ischemic time (min)	Min-max (median)	8-35 (19)	10-28 (18)	0.824
Size of tumor (cm)	Min-max (median)	1.5-6.5 (3.2)	1-7 (2.5)	0.865
PADUA score	Grade 1 Grade 2 Grade 3	6-12 (7)	6-11 (7)	0.195
Clavien-Dindo complication (n=19)	Min-max (median)	3 (21.4) 8 (57.1) 3 (21.4)	0 (0) 2 (40) 3 (60)	0.451
Hospital stay time (day)	-	3-21 (6)	4-16 (5.5)	0.206
Pre-op hemoglobin	Min-max (median)	12-15.8 (14.1)	13.2-16 (15)	0.274
Post-op hemoglobin	Min-max (median)	8.8-14.8 (11.9) p=0.01	10.0-13.7 (13) p=0.043	0.553
	Min-max (median)	-6.1/-0.2 (-2)	-13.2/-2 (-2.4)	0.118

Table 2. Creatinine and eGFR values of patients, who underwent either OPN or LPN								
		OPN (n=50)	LPN (n=20)	p value				
Pre-op creatinine (mg/dL)	Min-max (median)	0.4-2 (0.8)	0.6-2.1 (0.9)	0.112				
Post-op creatinine (mg/dL)	Min-max (median)	0.5-11 (0.9)	0.6-1.9 (1)	0.466				
p value	-	0.001	0.184	-				
Difference between postop and preop values (mg/dL)	-	-0.4-10.4 (0.2)	-1.3-1 (0.1)	0.349				
Pre-op eGFR (mL/min/1.73 m ²)	Min-max (median)	40-115 (92.5)	53-108 (94.5)	0.995				
Post-op eGFR (mL/min/1.73 m ²)	Min-max (median)	23-110 (84.5)	41-104 (81.5)	0.672				
p value	-	0.001	0.001	-				
Difference between postop and preop values (mL/min/1.73 m ²)	Min-max(median)	-30-11 (-8.5)	-30-13 (-11.5)	0.558				
eGFR: Estimated glomerular filtration rate OPN: Open partial nephrectomy, LPN: La	paroscopic partial nephrectom	, min: Minimum, ma	x: Maximum					

The transfusion rate (intra- and postoperatively) in LPN and OPN group was 10% and 16%, respectively (p=0.761).

Of 86 patients, eight (9.3%) had benign lesions (oncocytoma n=4; angiomyolipoma n=2; benign cyst n=2).

Of 70 patients, 42 (60%) had clear cell RCC, 17 (24.4%) had papillary RCC, and 11 (15.7%) had chromophobe RCC.

Thirteen (18.6%) patients had grade 1 Fuhrman, 35 (50%) patients had grade 2 Fuhrman, and 22 (31.4%) patients had grade 3 Fuhrman.

DISCUSSION

Previously, the conventional treatment of kidney tumors was radical nephrectomy. However, PN was performed in patients with small masses with solitary kidney or multiple bilateral tumors.

Today, the success rates, oncological results, and complication rates of PN are comparable with the results of radical nephrectomy for treating renal tumors. PN can be an open, laparoscopic, or robotic surgery. Due to the need for technical experience and devices to perform a laparoscopic surgery, it took some time for LPN to become an alternative to OPN. We observed that surgical and functional outcomes of LPN and OPN were comparable in our study. Tumor size, operative time, WIT, blood loss, Clavien complications, hospital stay time, eGFR decrease, and creatinine increase were higher in the OPN group, but the difference between the two approaches was not statistically significant in our study cohort.

In the study by Gill et al. (7), in the LPN group, blood loss was less and hospital stay time was shorter, while WIT was longer. In the study by Minervini et al. (11), the median operative time in OPN and LPN is 131.2 min and 143.0 min, respectively, while, in our study, the median operative time in OPN and LPN is 174 min and 162 min, respectively. Shorter operation time and hospital

Table 3. The relationship between PADUA score andwarm ischemia time, operation time, and Clavien-Dindocomplications in OPN and LPN								
		Total	OPN (n=50)	LPN (n=20)				
Clavien-Dindo complications (n=19)		0.055	0.195	0.354				
		0.824	0.504	0.559				
Warm ischemic time (min)	r	-0.035	0.067	-0.287				
	р	0.776	0.644	0.220				
Operation time (min)	r	0.205	0.311	-0.029				
Operation time (min)		0.088	0.028*	0.905				
OPN: Open partial nephrectomy, LPN: Laparoscopic partial nephrectomy								

stay time reduce the perioperative and postoperative morbidity in patients (12). Hospitalization time is shorter in all LPN groups in the literature (13), which agrees with our results.

In our study, Clavien-Dindo complications were higher in the OPN group, which is probably is related to higher PADUA scores and bigger size of tumors.

In Marszalek's study, the overall complication rate in OPN and LPN groups was 22% and 24%, respectively (13). Overall, the complication rates in the LPN group in the literature range from 9% to 33% and in the OPN group range from 4.1% to 38.6% (14).

Total complications were not statistically significant between OPN and LPN groups, but intraoperative surgical complications were higher for the OPN group in A. Minervini's study (11,13).

WIT (minimum-maximum-median) in the OPN and LPN groups was 8-35 (19) min and 10-28 (18) min, respectively (p=0.824) in our study group. The LPN groups had a significantly longer WIT in many studies in the literature (11), although some studies reported shorter WIT in the LPN groups (7,13). Bravi et al. (15) showed that LPN and robotic PN had a longer ischemia time than OPN. In our study, shorter WIT in the LPN group may be related to the surgeon's experience and complexity of the tumor.

The surgical margin was positive in two patients who underwent OPN in our study. A higher PADUA score and a larger size of tumor can affect this finding. A multicenter analysis of LPN showed positive surgical margins (PSM) in 1.8%-2.4% of the patients (16). In Kwon's et al. (17) study, the PSM rate of OPN is 7%. In Andrea Minervini's study, the incidence of PSM was not significantly different between both groups (3.5% for OPN and 3% for LPN) (11). Bravi et al. (15) showed that minimally invasive approaches did not affect the risk of PSM when compared with open surgery. Only 4% of patients with PSM will develop a local recurrence (17). Our two patients with PSM did not experience recurrence during the eight and fourteen months of followup. However, we must follow up these patients closely.

In our study, the difference between the two approaches in terms of pre- and postoperative Hb values is statistically significant (p=0.001 in OPN and p=0.043 in LPN). The decrease in Hb values postoperatively in both approaches is not statistically different (p=0.118). These findings correlate with the literature.

In Marszalek et al.'s (13) study, the transfusion rate was 6% in the LPN group and 11.0% in the OPN group (p=0.2). The transfusion rate in our LPN group was 10% and in the OPN group 16% (p=0.761). In Minervini et al.'s (11) study, the mean intraoperative blood loss was slightly higher for the OPN group,

but it was not statistically significant (221 cc vs. 164 cc). In White et al.'s (18) study, the median blood loss was 200 mL (100 mL-375 mL) in patients who underwent robotic PN.

The increase in postoperative creatinine (p=0.001; p<0.01) and decrease in eGRF (p=0.001; p<0.01) are statistically different in our OPN group. Preoperative and postoperative creatinine and eGFR values are not statistically different in OPN and LPN groups (creatinine: p=0.349; eGRF: p=0.558; p>0.05).

AKI develops in approximately 20% of patients after PN (4). AKI can be temporary and may take up to 24-72 h or can be persistent (19). Bravi et al. (15) demonstrated that AKI is associated with long-term renal function and duration of the injury. The longer the duration of AKI (specifically exceeding the third day), the more reduced the long-term renal function (15).

Jimenez-Romero et al. (20) showed that, in the LPN group, patients weighing more than 84 kg, the tumor size being larger than 4 cm, WIT exceeding 26 min, operation time exceeding 200 min are more likely to cause renal function impairment after the operation. In their study, 18 patients (37.5%) preserved their renal function and 30 (62.5%) had a renal function impairment postoperatively (20).

Martín et al. (21) stated that if WIT exceeds 25 min, each additional minute increases renal function deterioration (RFD) by 5%-6%. The protected renal parenchyma is an important factor in RFD (21). The median size of the tumors in patients with deteriorated renal function was 1.1 cm larger than that in patients without RFD (20).

Marszalek et al. (13) found that the decrease in eGFR rate in both groups was similar (p=0.8). Minimally invasive techniques (both laparoscopic and robotic) had a lower risk of AKI than open surgery (both p<0.0001) (15). Our findings in the LPN group are correlated with this study.

White et al. (18) found median eGFR decrease of 11.1 mL/ mm/1.73 M2 in his robotic PN group, whose patients had renal masses with a nephrometry score of \geq 7. In our study, the median GFR decrease is 8.5 and 11.5 in OPN and LPN groups, respectively. The mechanisms determining AKI after PN is not fully understood (22).

The age of the patient, preoperative kidney function, renal perfusion during surgery, WIT, operative time, operation technique, intraoperative blood loss, resected tumor volume, type and-duration of anesthesia, and surgeon's experience may affect AKI. If AKI is not transient (\geq 3 day), the kidney's function can be worse in the long-term.

There is a statistically significant difference between PADUA score and operative time in the OPN group (r=0.311; p=0.028) in our study cohort. The other relationships in both approaches are comparable.

The possibility of having a positive trifecta in patients who have a PADUA score <10 and treated robotically was higher than in patients who underwent OPN and LPN (15).

Altunrende et al. (23) found a correlation between total RENAL nephrometry score and WIT after robotic PN (Spearman's correlation coefficient: 0.54; p<0.0001). In this study, they declared that posteriorly located tumors require complete mobilization of the kidney, and this increases the adjacent tissue damage (23).

When PADUA score increases, the complexity of the tumor and complications, operation time, hospital stay time, and bleeding increase. PN in patients with high PADUA score (\geq 10) is usually performed by open surgery (15). The rate of converting from PN to radical nephrectomy during the operation was approximately 5% regardless of the surgical technique (24). The rate of converting to open surgery in LPN and robotic PN was 7 (1%) and 1 (<1%), respectively, in this study (15).

We changed the decision from PN to radical nephrectomy in one patient in the OPN group because of bleeding and a PADUA score of 12. We converted LPN to OPN in one patient because of bleeding and injury of the colon with a PADUA score of 11.

The urinary fistula occurred and lasted 18 days in one patient, who underwent LPN, and lasted 21 days in another patient, who underwent OPN.

CONCLUSION

LPN is an alternative technique to OPN for treatment of clinical T1 RCC by experienced urologists in experienced clinics. Postoperative creatinine increase in OPN is more obvious. All perioperative outcomes in OPN and LPN are comparable to each other in T1 RCC.

Ethics

Ethics Committee Approval: The study followed the ethical recommendations of the Declaration of Helsinki and was approved by the Ethics of Research Committee of Prof. Dr. Cemil Taşcıoğlu City Hospital (14.04.2020; number: 119).

Informed Consent: All the participants in this study have signed an informed consent form.

Peer-review: Externally and internally peer-reviewed.

Authorship Contributions

Surgical and Medical Practices: E.M., Concept: E.M., Design: A.A., Data Collection or Processing: E.M., A.A., Analysis or Interpretation: E.M., A.A., Literature Search: E.M., Writing: E.M.

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